

AL-ANON-CER



Quarterly Newsletter of Al-Anon Family Groups of Maryland and District of Columbia (AFG of MD and DC, Inc.)
www.marylanddc-alanon.org • email: area24@marylanddc-alanon.org
www.alateenmddc.com

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AREA 24 CALENDAR OF EVENTS

September 1	Picnic at Merritt Point Park (see flyer)
September 8	AMIAS Training (for potential Al-A-Teen Sponsors) – flyer
September 12	Kick Off meeting for District 13 Spirituality Workshop (flyer)
September 15	Fall AWSC Meeting- Hosted by District 7 (flyer attached)
September 29	Spring Convention Planning Session (see page 3 for more info)
October 20	Fall Area 24 Area Assembly Hosted by District 13 (flyer attached)
October 27	District 5 Workshop (flyer) and also: Fall Luncheon in Largo, Maryland (flyer)
November 2-4	Fall Convention, again this year at the Hunt Valley Inn ("Delta Hotel"): see flyer
November 10	District 22 Workshop (flyer)
June 6-8, 2019	Area 24 Spring Convention, Chestertown, Maryland
August 23-25, 2019	Virginia Area Al-Anon Convention in Chantilly, Virginia

Every effort has been made to remove personally identifying information from the on-line version of the Al-Anon-Cer. To receive the newsletter in it's entirety, please subscribe on the home page of the website at www.marylanddc-alanon.org.

District Meeting Schedule

ALL members, not just Group Representatives, are welcome at District meetings.

For more information about any of these meetings, please see contact the corresponding **District Representative** listed under the “**Our Trusted Servants**” listing later in this newsletter.

If you would like your District Meeting listed on this calendar, please contact the Editor (see page 4).

District 2	Usually held first Monday of the month from 7:00-8:00 pm at Grace Episcopal Church, 5740 Green Valley Rd, New Market, MD 21774
District 3	-Acting DR is Wanda R
District 5	Meetings are held on the third Wednesdays of January, March, May, July, September and November at 6:30 PM before the Wednesday Fallston Unity Group at the Fallston Presbyterian Church, 600 Fallston Rd. Rt.52, Fallston, MD 21047. We are invited to attend the 7:30 PM Fallston Unity meeting.
District 6	Meetings on even months 1 st Sunday 6:30 PM before the Sunday night Chatsworth meeting
District 7	Meetings held the following Sundays in 2018 after the Evergreen Discussion AFG meeting (Loyola University, Knott Hall, room G007): 12:15 PM August 19, November 18
District 8	Meets first Tuesday 6:45-7:45 PM, of the even months: February, April, June, August, October and December. Held at St. John's Lutheran Church, 8808 Harford Rd, Parkville, Md 21234 [in 2018: 6/5, 8/7, 10/9, 12/4]
District 9	Last Wednesday of the odd months, January, March, May, July, September, and November. Meeting is held at 7:45 PM, at Holy Trinity Episcopal Church, 1131 Mace Avenue, 21221
District 10	Meets usually on the 2 nd Saturday of the month, except for July, November and December at the Serenity Center, 9650 Basket Ring Road, Columbia MD 21045. Contact Phil B, DR, at 410-428-2020
District 12	Meets the 1 st Wednesday of each odd month (January, March, May, July, September and November) at 6:45 PM at the Unitarian Universalist Church of Rockville, 100 Welsh Park Drive Rockville MD 20850, in the basement of the sanctuary, room 50. All are welcome to stay for the 8:00 PM Al-Anon meeting in the same location.
District 13	GR's meet on the odd months, on the third Thursday of that month at Colesville Presbyterian Church, 12800 New Hampshire Ave, Silver Spring, MD 6:30 - 7:50 PM. Regular Al-Anon meeting at 8:00 PM. All are invited.
District 15	District meetings are held on the 4 th Wednesdays of every other month (Feb, April, June, Aug, Oct, Dec.) at 7:30PM in Room 150 of Woods Memorial Presbyterian Church, Severna Park, MD.
District 17	Inactive
District 18	DR Angie S. Meetings for 2015 are held on 3/28, 5/23, 9/19, 11/21. Location TBA. Contact DR Angie S 202-234-6306
District 22	District meeting are held the first Friday of each quarter, at 7:00 PM at Life Stream Church of the Nazarene in Waldorf MD
District 23	District meetings are held quarterly (Jan, April, July, Oct.) on the last Sunday of the month @ 2:00 pm St. Paul's Episcopal Church 301 S. Liberty St. Centreville, MD

This is your Area's confidential newsletter. Please share this information within the Fellowship only.

AIS (Al-Anon Information Services) Meeting Schedule

Anne Arundel

Meets in May and October, on the third Wednesday of the month, 7:30 p.m., at Woods Memorial Church, 611 Baltimore-Annapolis Blvd., Severna Park, MD 21146. For more information, call (410) 766-1984 or email alanon@md-al-anon.org. Information is also available at www.md-al-anon.org.

Baltimore

Second Tuesday of the month (no meeting held in July this year – normally June – or December), 7:30 p.m., at Parkville Senior Center, 8601 Harford Rd., Baltimore, MD 21234. For more information, call (410) 832-7094 or go to www.alanon-maryland.org.

AIS- DCSMD

All Steering Committee and AIS-DCSMD (Al-Anon/Alateen Information Service of Washington, DC and Suburban Maryland, Inc.) meetings are held at Seekers Church Building, 278 Carroll Street, NW, Washington, DC 20012, and (202) 635-2023. For further information contact Service Center Administrative Assistant, Caroline at 202-635-2023 or go to www.al-anon-alateen-dcmd.org.

Area 24 Spring Convention at Chestertown

June 7-9, 2019

It's not too late to join the planning fun!

**If you have attended even one Convention in Chestertown,
you are qualified to chair a committee.**

**All are cordially invited to attend the next planning meeting,
Saturday, September 29**

2:30

The Alano Club

9231 Rumsey Rd, Columbia, MD 21045

Group Records

Group Representatives—please keep your District, Area Information Service, Area 24, and the World Service Office informed of your group's new contact information by sending each of them a copy of a completed "Al-Anon Registration/Group Records Change Form." The form is available at the end of the newsletter, or on the Area website: www.marylanddc-alanon.org

OUR TRUSTED SERVANTS

Most of this section has been removed from the on-line version of the Al-Anon-Cer to protect anonymity. For an un-editted version of the Newsletter, please subscribe on the right section of the website home page.

SEND AREA CONTRIBUTIONS AND TREASURER CORRESPONDENCE TO:

**AFG OF MD AND DC, INC
3116 PARKWAY
CHEVERLY MD 20785**

***PLEASE INCLUDE YOUR GROUP NAME AND
NUMBER ON YOUR CONTRIBUTION. DISTRICT
CONTRIBUTIONS SHOULD SHOW THEIR
DISTRICT NUMBER.**

Area Information Services

**Al-Anon/Alateen Information Service of
Anne Arundel County**
P.O. Box 763
Severna Park, MD 21146-0763
(410) 766-1984
www.md-al-anon.org

**Frederick – Hagerstown Answering
Service (Frederick & Washington
Counties)**
(240) 285-9831

**Al-Anon/Alateen Information Service
of Washington, DC and Suburban
Maryland, Inc (AIS-DCSMD)**
c/o Seekers Church Building
278 Carroll Street, NW
Washington, DC 20012
(202) 635-2023
www.al-anon-alateen-dcmd.org

Baltimore Area Al-Anon Information Service
-- new mailing address:
P.O. Box 185
Kingsville MD 21087-0185
(410) 832-7094
www.alanon-maryland.org

**~~Mary Del Tri-County
Al-Anon Information Service
(Harford & Cecil Counties)~~**
*has been absorbed into the
Baltimore AIS*

Cumberland Answering Service
(301) 722-6110
(through AA answering service)

Easton Answering Service
(410) 822-4226
(through AA answering service)

**Salisbury/Ocean City Answering
Service**
(410) 742-2504

Literature Depots

Baltimore, Baltimore County, Harford County & surrounding areas:

Jen Decker

Please email orders and include the group and your name, address, and phone #
AlanonLiteratureDepot@gmail.com

Washington DC and surrounding areas:

See contact **AIS-DCSMD** information above.

Eastern Shore (District 24):

NEW:

Ruth Cody
(443) 235-0300
ercody1@aol.com

WORLD SERVICE OFFICE

Al-Anon Family Group Headquarters, Inc.
1600 Corporate Landing Parkway.
Virginia Beach, VA 23454-5617

Email: wso@al-anon.org

Meeting information: 1-888-425-2666
All other business: (757) 563-1600
Website: <http://www.al-anon.org/members>

Note: Make WSO donation checks payable to "AFG, Inc."

NEW!
Alateen web link:
www.alateenmddc.com

New GR's, AGR's, CMA's, and DR's

Last summer, Maryland and DC the groups elected new Group Representatives (GR) and Alternate Group Representatives (AGR). The GRs then elected District Representatives (DR). When the GR does not have an email address or does not want to receive mail at home, the groups will also find a person to act as Current Mailing Address (CMA) for the group.

If you haven't already done so, please notify the following offices about the new trusted servants:

- AFG, Inc. the World Service Office (WSO)
- Al-Anon of Maryland and DC, Inc (Area 24)
- The Al-Anon-Cer, the Area 24 newsletter (Newsletter4area24@gmail.com)
- The Al-Anon district in which meeting takes place
- The local Al-Anon Information Service (AIS)

The GR-1 form is used to notify the WSO and Area 24 of the new CMA. Every group must have a CMA, who is usually the GR. The form is available on the Al-Anon.org/Members web site at New Group Registration/Update under the Groups tab. It can be filled out on your computer. Send the form to the Area Group Records Coordinator at Area24GroupRecords@Aol.com. You can also use the GR-1 form to email your Al-Anon-Cer subscription request to: Newsletter4area24@gmail.com.

Email the GR-1 form to your district representative to notify the district of your group's new GR. Your current DR is listed in the Al-Anon-Cer in the Our Trusted Servants section. New DRs need to notify the WSO, Area 24, and the Al-Anon-Cer. They can do this by emailing their name, address, phone number, and email address to MMvolunteer@verizon.net

**AL-ANON/ALATEEN FAMILY GROUPS OF
MARYLAND AND THE DISTRICT OF COLUMBIA**

May 19, 2018 – District 11 Hosting
Linthicum Heights United Methodist Church, Linthicum Heights, MD 21090

Minutes – Spring Assembly 2018

Opening

Joe D. opened with the Serenity prayer

Reading of the Steps- Caroline, Traditions- Dawn, and Concepts- Leah

Welcome

Host District Welcome

Area Welcome

Area Business

Charles read about substantial unanimity from the service manual.

Officers and Coordinators present: Joe, Idalia, Charles, Dolores, Maureen, Gil, Past-Delegates- Charlie and Jack, Rita O- Publicity, Diane D- Baltimore AIS, Gail KW- International Convention Host Committee Chair, Robert W- Al-Anon-cer Editor, Paul C- Technology Chair, Barbara- Alateen Coordinator, Mike S- Area Alateen Process Person.

Roll call of voting Group Representatives from the following Districts (only GRs vote at Assembly):

District 1- 0, D2- 2, D3- 2, D4- 1, D5- 4, D6- 2, D7- 3, D8- 2, D9- 2, D10- 3, D11- 7, D12- 7, D13- 6, D14- 2, D15- 1, D16- 0, D17- 1, D18- 3, D19- 0, D20- 2, D21- 0, D22- 0, D23- 1, D-24- 1

Number of voting GRs = 51

A motion was made that 2/3s be considered substantial unanimity. It was seconded and approved.

Thirty-four votes required for unanimity.

The minutes from the Fall Area Assembly were approved as published in the Dec. 2017 Al-Anon-cer.

Filling vacant positions:

Acting Secretary, Dolores, was willing to stand for the Area Secretary position- voted in

Acting Alateen Coordinator, Barbara, was willing to stand for the position- voted in

2018 Al-Anon International Convention Update- Gail KW:

Forty-seven days to the convention! (according to WSO website)

They was a good turnout for volunteer training on May 5th. The notes will be sent to all volunteers.

This is what the greeters job is- Smile, Have Fun!

We still need volunteers at the train station and airport- Jack is in charge of greeters.

Lisa is coordinating Love Mementos.

Is there someone who is willing to bring in mementos from each district?

Hospitality room doesn't open until Thursday.

T-Shirt- Cindy hasn't gotten a lot of designs. We would love to have Alateens submit designs.

T-Shirts will be given out at the convention center.

afgintl18@gmail.com is the correct email address.

The next price deadline for registration is May 31.

People who are registered will get an email when the convention App is available.

There will be a volunteer guideline booklet.

Parade sign-up is now live- if you are interested go online and sign up as soon as possible.

They will take walk-in registrations. Registration check-in starts July 4th at noon.

Hospitality room will include games, dance floor, food vendors, and tables of love mementos, etc.

Public Outreach Coordinator- Rita O:

Presented short and long term goals for Public Outreach for the Area.

Check the service manual for the Public Relations statement to clarify what is appropriate.

We are a bottom-up organization- starts with the individual members and goes all the way up to WSO.

(Or down, if you're looking at the upside down triangle.)

Goals accomplished to date:

- Her committee made presentations to NAMI, the Behavioral Health System in Baltimore, Schools and the Helping Up Mission.
- They met with AISes and several districts. She is trying to reunite each district, encouraging everyone to sign up.
- We can do outreach by placing Ad listing in local papers or church bulletins, using Facebook or Instagram.
- They have obtained digital billboards in Baltimore for the International Convention- "Welcome to Baltimore from Al-Anon."
- TV stations
- Treatment Centers and Professionals- direct mail campaign thru Baltimore AIS (Rita also is the Outreach person for Baltimore AIS.) They received positive responses and some speaking opportunities.
- Thinking of developing a training program for Al-Anon members using the DVD, "Alanon and Alateens Role..."
- Rita made contact with the WSO Media Director.
- They will present to the Baltimore Broadcasters Coalition in Sept. 2018 (National Recovery Month).

Rita is requesting a larger budget for future campaigns. Total Requested Budget- \$1900

(In the afternoon, we asked Rita questions and voted.)

She might need the same funding for future years. Asking for \$1900. Voting on one year only.

Motion: To raise the public outreach budget to \$1900 for 2018. Seconded.

1 opposed. 1 abstention. Motion passed.

Delegate's Report from the 2018 World Service Conference (Part 1)

- Area Delegate, Idalia R:

It was a privilege and honor to serve you at the WSC in April.

The World Service Conference was In Westchester, New York this year, close to Stepping Stones.

The theme was "There is no standing still" from page 195 in Lois Remembers.

The Journey: Honoring the Old, Embracing the New

Started in 1951

1960- Al-Anon started in Colombia, Costa Rica, and Norway

1961- First WSC made up of delegates from major area of East, West, and Canada

1963- WSC voted to make the conference a permanent part of Al-Anon (ending 3 year trial)

This year- 67 delegates from USA, Canada, Puerto Rico and Bermuda, plus the board of trustees, executive committee, and WSO staff

92 voting members were present at the conference.

Non-voting members who attended include Director of Finance and Chairperson of the Executive Committee for Real Property.

The Fellowship and The Organization are on an equal level.
The World Service works to keep these two together.

They visited Stepping Stones, the home of Bill and Lois Wilson.

World Service Conference landmarks:

1966- approved the writing of ODAT

1968- approved adapting AA's 12 Concepts of Service for Al-Anon

2009- TEAM events- Together Empower Al-Anon Members

2010- New Alateen Policy section added

2011- Board of Trustees are now owners of property in Virginia Beach

2012- Public Relations section amended to include spiritual principles of Public Outreach

2014- 137 registered electronic meetings (48 online, 89 phone)

2015- AFG connects replaces eCommunities

2016- 65th Anniversary banquet and celebration

2017- New executive director, Vali F.

"It is always forward that we have to look and let our gratitude be for those to come."
Lois W. speaking to the 1976 World Service Conference

How do we move forward? Striving for improvement with cooperation.

Digital strategy- progress on a new website that will be responsive on phones

Meeting search- there have been over 340,000 meeting searches since its launch

Social media- daily postings

Public Outreach- Al-Anon public service announcements in the US earned a top 5% award from Nielson TV Ratings

Group Records- go onsite to fill out the GR forms

Conference notes- "In the Loop"- notes from WSC

In July- 2018 WSC summary will be posted to the website

Sue P., Group Services Assoc Director at WSO, brings the voice of the membership into all discussion at the WSO. Everything is available in English, Spanish and French.

60th Anniversary of Alateen

2018-2021 Service Manual are available (bring them to the fall assembly.)

Cooperation with Professionals- Al-Anon Faces Alcoholism magazine.

WSO Archives Coordinator continues to digitize documents and photos are stored "in the cloud".
Digitizing improves and increases the capacity to keep the history.

The Forum has been reformatted.
Just for Tonight bookmark coming out.

For virtual members we really don't have a structure, but the meetings keep growing. How can our electronic/virtual meetings be included in our structure? WSO would like feedback.

The 2018 World Service Office Budget

2017 Audited Actual shows a \$66,499 deficit (budget was \$3500 increase)

2018 budget shows a net increase of \$2,772

Details includes for members information (attached)

Revenue Sources- 34% contributions, 48% literature, 13% investment income, 5% Forum

Financial Updates-

Groups

Appeal Letter

Top Selling Books: Courage to Change, How Al-Anon Works, Paths to Recovery, Paths to Recovery Workbook.

There is no CAL app. When you are reading online literature it is not protecting the copyright.

How the money was used: New website, increased social media, new pamphlets and literature, digital version of service manual, International meetings, International Convention, fully-staffed WSO- 50 paid positions.

Day of Connecting- WSO will be at the International Convention talking about their stories, leadership talks, round table discussions.

Road trips- replaces TEAM evens- Idalia is hoping that we can have one of these events.

How can you be of service as an individual? We can be an individual member of an Al-Anon group, GR, do Public Outreach, act as treasurer, welcome newcomers, or Area level service.

In our Area, we are self-supporting. We are doing a lot of things

World Service- opportunities to serve:

At- Large Trustee (Jack talked about being a trustee.)

Regional Trustees

At-Large Member, Exec Committee for Real Property Management

Jack- previous Trustee at Large

Business operations of WSO

3 years, could be elected twice

9 trustees at large, 9 regional trustees

Read about trustees in Concept 7 and 9 in Service Manual, or talk to Jack or Idalia

There is No Standing Still . . . More will be Revealed

Treasurer's report- Charles L:

<u>Income</u>	<u>Budget</u>	<u>Actual</u>
	\$20,123	\$23,434
Prog Exp	11,055	8,784
Adm Exp	14,215	12,722
Total Exp	25,270	21,506
Net Income	(5227)	1928
Operating Cash	\$14,208	
Reserve Cash	\$14,313	

First quarter of 2018- low expenses

Where to send contributions:

AFG of MD and DC
3116 Parkway
Cheverly, MD 20785

How much of the operating cash is already budgeted for something by the end of the year?

Breakeven budget, but if we spent everything that's in the budget and we want to approve more, we have plenty of reserve cash.

Why wasn't there money from the fall convention- conventions are decided to breakeven events. In 2017 we didn't get excess money from fall convention, because there wasn't any. In 2018 we did get some excess funds.

International? We have nothing to do with the budget for International. It is being put on by WSO.

Don't think the Area doesn't need contributions.

Broke for lunch.

Opened afternoon with the Serenity Prayer

Delegate's Report from the 2018 World Service Conference (Part 2) – Area Delegate, Idalia R:

In the afternoon, we broke into 4 groups. (If you want a copy of her presentation, please email her.)

Gil, Jack, Idalia and Dolores were facilitators.

Discussion of chosen agenda items:

Group 1- AA members who are joining Al-Anon and now this is their primary program.

When are we going to revise our service manual?

Previously active AA members- how do we decide what their primary focus is?

You don't decide you're not in AA anymore. When Bill handed Lois the traditions he said don't let AAs take it over.

This is the program of inclusion. True dual members do have service they can do, but they can't be a group representative.

Group 2- How do small groups in rural America fit into the World Service?

Seasonal areas?

Spiritual principles

Special issues- anonymity issues because of social stigma.

Meetings that are too small frequently get stale.

Obstacles: trying to stay in touch with people and cost of attending service meetings.

We could encourage more visits to these areas.

If you are outside an AIS area, the individual groups may have to do some of those roles that the AIS is doing in other areas, like answering service.

Group 3- Ideas for increasing awareness and membership.

Discuss wording of Tradition Eleven to be mindful of ever-changing methods of communication.

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV and films. . . .”

Have more Al-Anon meetings at the same time as AA meetings to invite people in who attend AA with their spouse/friend or who wait in the car.

Make sure the newcomer is welcome not just at the first meeting but 6 months later.

[Did not get the rest of the comments.]

Group 4- How is group autonomy being affected by dominance, intimidation, stalking, etc.

Some of members of the group have been in meeting where these things have happened.

Group conscience- called out some of these people's behavior. Sometimes do a group inventory to combat some of these bad practices.

We want the meetings run in the Al-Anon tradition, try to raise the issue with the District Rep or Steering Committee.

Use AFG Connects- get ideas from all over.

Some Al-Anon meetings have been invaded by AAs. Some people closed the meeting. We need to be protective of the newcomer.

Spring Convention- Charles L:

As of the early-bird deadline we have 127 attendees. Registration will be open until June 4th. There are no other groups on campus with us this time. The theme is Hunting Al-Anon Treasures.

Hospitality- please bring food, etc. Friday night entertainment- great!

No live band at Saturday night dance.

Fall Convention- CharlesL:

There was debate about having it. The decision was made to have one. Chair was able to negotiate with the hotel. Negotiated fewer people. Same location- Delta Hotels Hunt Valley. Theme: Adventures in Recovery. The convention will be announced at Chestertown. This year, it is the first weekend in November, not the second.

Group Records- Maureen

She has handouts to take home. There is a group records change form on Page 9 in Al-Anon-cer, but they WSO now has an online process. If there is a new group record and an Al-Anon change form, GR-1, you can use it and mail it in, but technically they have changed that.

Maureen has the ID numbers for new groups, and districts.

Have to have a CMA to be considered an active group.
Any questions, contact Maureen.

Alateen Coordinator- Barbara:

She brought Alateen tent cards for anyone needing them. We currently have 13 Alateen meetings.

Area Alateen Process Person (AAPP)- Mike S:

They would like to make changes to the Alateen safety requirements, but are concerned about having informed and expedient decision-making on these requirements.

We have about 80 certified AMIASes. Could changes be approved by the AMIASes, the Coordinator, and the AAPP, every year when they review the guidelines?

We, as a group, discussed the issue and asked questions: Are the Alateen Safety Requirements part of the Area 24 Guidelines, or are they separate?

Should the guidelines be approved or reviewed by the Steering Committee, the AWSC, or the whole Assembly?

There are legal issues involved.

Proposed Motion:

The Al-Anon Coordinator and the AAPP would like to establish a process to review and revise the guidelines yearly, and submit them to the Steering Committee for approval. (After more discussion, we decided to table this vote.)

We will discuss this issue at the next Steering Committee meeting.

[Gil said later in the meeting that the guidelines of Alateen are part of the Area By-laws and the insurance company has to be notified if we make changes.]

Al-Anon-cer Editor- Robert W:

If you are not getting the Al-Anon-cer, send Robert an email and he will correct your email. Next issue is coming out in June.

Technology Committee Coordinator- Paul:

The Technology Committee has met 3 times since being formed. Our next meeting is scheduled in June. We have discussed general areas where technology could be used to foster and facilitate communication, and have prioritized them.

Our top 3 areas are:

Create standing area e-mail addresses with our domain name for those who would like to use them.

Create a plan to help Area 24 members with fear/anxiety over new technology and change.

Centralize information storage and postings.

We hope to come back in September with specific recommendations for actions to realize these goals.

[AFG Connects- Is it available to all, or just District Reps? Give Idalia your email and she will find out. All members can sign up for *In the Loop*. AFG Connects is for service reps.]

Insurance Coordinator- Gil:

All three insurance policies have been renewed for 2018. As a 501 3c non-profit corporation, we need these. They are:

General Liability Policy --Commercial General, Professional Liability, Abuse and Molestation Liability, and Errors and Omissions Liability that runs through April 1, 2019.

Crime Policy --Fidelity Theft, for three years, ending March 16, 2021.

Directors & Officers Liability Policy--through May 21, 2019.

One Certificate of Insurance has been issued in 2018.

Area 24 provides liability insurance for all Groups, Districts, Spring and Fall Conventions, and Area functions. If your facility or event requests a Certificate of Insurance, please forward the following information to me: Name and address of building or organization, name, phone, and email for contact person, date of the event, and brief description.

Area 24 Literature Coordinator- Suzanne T: (This report was sent in)

Since assuming the area literature coordinator position, I have received the literature display board and its carrying case from the previous coordinator.

In addition, I have been in touch with the area AA liaison, Jeffrey, and I will be attending the following conferences and will bring the literature display board, as well as literature that will be available for purchase.

June 8-10: Area 24 Spring Convention at Washington College in Chestertown, Md.

June 29-30: AA Maryland state convention in Frederick MD at the Clarion Conference Center

July 6-8: International Convention at the Baltimore Convention Center, Baltimore MD

Nov. 2-4: Area 24 Fall Convention, Hunt Valley, MD

Please tell the attendees that I am looking for volunteers to help staff the literature table at both Chestertown and Frederick in June, as well as in November, and would appreciate it if they would either email me at area24literature@gmail.com or text me their name and phone number at 301-351-1202.

Website- Katie R: (This report was sent in):

Not much to report for the website at present. I am continuing to maintain the site with updates, as I receive them. To date, we have more than 15,000 website visits.

I updated the Search Engine Optimization settings in an effort to have traffic for Maryland Al-Anon find our site more effectively.

Working on adding a Public Outreach page.

District 11- Thanks for hosting and you are great hosts!

The Fall AWSC meeting will be hosted by District 7 in Baltimore.

We closed with the Al-Anon Declaration and the Serenity Prayer.

AFG of MD and DC Inc
Income and Expenses
January through June 2018

Income		Program Expenses	
4100 · Contributions		5020 · Alateen Support	
4101 · Group Contributions	\$8,450	5021 · Alateen Coordinator	\$320
4102 · District Contributions	<u>\$1,026</u>	5022 · Alateen Process Person	\$300
Total 4100 · Contributions	\$9,476	5023 · Background Checks	<u>\$400</u>
4200 · Conventions Proceeds		Total 5020 · Alateen Support	\$1,020
4202 · Fall Convention Proceeds	<u>\$3,000</u>	5030 · Literature	
Total 4200 · Conventions Proceeds	\$3,000	5032 · Jessup Literature	<u>\$400</u>
4400 · Subscriptions Al-Anon-Cer	\$30	Total 5030 · Literature	\$400
4800 · Interest Income	<u>\$1</u>	5080 · Public Outreach Coordinator	\$647
Total Income	<u>\$12,508</u>	5120 · Al-Anon-Cer	<u>\$247</u>
		Total Program Expenses	<u>\$2,314</u>
		Administrative Expenses	
		6010 · Steering Committee	
		6011 · Chair	\$26
		6013 · Treasurer	-\$28
		6016 · Delegate Expenses	<u>\$50</u>
		Total 6010 · Steering Committee	\$48
		6020 · Regional and Past Delegate	
		6021 · Northeast Regional Delegate	\$656
		6022 · Past Delegate N.E. Regional	<u>\$1,320</u>
		Total 6020 · Regional and Past Delegate	\$1,975
		6050 · Assembly Meetings	\$125
		6060 · AWSC Meetings	\$250
		6070 · Insurance	
		6074 Insurance Coordinator	\$31
		6071 · Liability Insurance	\$4,838
		6072 · D & O Insurance	\$1,067
		6073 · Crime Theft Insur	<u>\$304</u>
		Total 6070 · Insurance	\$6,240
		6090 · Legal and Professional	<u>\$200</u>
		Total Administrative Expense	<u>\$8,838</u>
Total Income	<u>\$12,508</u>	Total Program & Admin Expenses	<u>\$11,151</u>
Total Expenses	<u>\$11,151</u>		
Total Net Income	<u>\$1,357</u>		

Treasurer's Corner, April-June 2018

Contributions for the Second Quarter of 2018 totaled \$4,765. Thank you to the Groups and Districts for contributions.
Group Treasurers—Please put your Group # and Meeting Name on all contributions. Please send contributions,
payable to AFG of MD and DC Inc to: AFG of MD and DC Inc, 3116 Parkway, Cheverly, MD 20785

Total program and administrative expenses were \$7,256.

The main expense for the quarter was \$5,905 for liability and D&O insurance premiums.

We paid \$481 for Alateen training and background check and paid \$438 in public outreach expenses.

Other significant expenses were \$200 for preparation of our tax return and \$125 in spring assembly expenses.

Cash Balances for Area 24 at June 30, 2018 were Operating Account at \$15,613 and Reserve Account at \$14,314.

The Spring Convention and Fall Convention bank balances on March 31, 2018, were \$21,499 and \$3,792, respectively.

Yours in service, Charles Lady, Treasurer Email: Area24Treasurer@Gmail.com

Contributions, April 1 - June 30, 2018

000000 Unknown Group	\$35.16	000502994 Centreville AFG	\$100.00
0002415 Brightwood AFG	\$18.41	000503306 Westmoreland Circle	\$120.00
0002422 Tuesday Noon AFG	\$98.60	000503618 Hope and Serenity	\$15.00
0002424 Friday Night St Albans DC	\$30.00	00052341 Steps to Serenity	\$215.00
0002440 Caregivers	\$58.00	00052431 Came to Believe	\$60.00
00026272 Sat Northwood Noon	\$125.00	00052791 Bolton Hill Family AFG	\$61.00
00030507984 Lithicum Sat Night	\$20.00	0005768 Emmorton AFG	\$13.10
00030524803 Saturday Morning Adult Child	\$106.30	0005777 Thurs Morning AFG	\$185.60
00030532420 Sat Serenity Easton	\$75.00	0005785 Broadway Mon Night	\$65.00
00030544512 ODAT	\$80.00	0005803 Loch Raven Fri Morn	\$75.00
00030550843 New Beginnings	\$25.00	0005824 Parkville Wed Night	\$50.00
00030555420 Gallery Place Fri	\$48.00	0005839 We Care Tues	\$55.00
00030555587 Norbeck Blvd AFG	\$26.00	0005856 Potomac Womens AFG	\$33.90
00030563855 Severna Park Sat Morn	\$38.19	0005862 Bowie Mon Morning	\$50.00
00030563857 Severna Pk First Things First	\$62.00	0005884 Clinton Daytime	\$110.00
00030566950 Mid Week Recovery	\$97.00	0005903 Tuesday Night Topic	\$25.00
00030578529 Ft Washington 12 Step Study	\$47.00	0005916 Forest Hill	\$15.00
00030606314 Every Sunday Takoma Park	\$12.00	0005917 Fallston	\$21.35
00030607988 Edgewood AFG	\$5.00	0005922 Frederick Sun AFG	\$50.00
00030615297 Friday Freedom	\$20.00	0005938 Hagerstown Easy Does It	\$30.00
00030621591 Gaining Tools	\$60.00	0005980 Sun Night St Peters Olney	\$140.00
00030623640 Deerco Family Gr	\$10.00	0006029 Fri Night Colesville Group	\$19.89
00030648358 Glyndon Friday Night	\$21.15	0006035 Silver Spring Thursday PM	\$100.00
00030678086 New Market	\$32.75	00060374 Miracle and Rainbow	\$55.00
00030683130 Weds. Rising Sun	\$17.10	0006047 Towson Mon Morn	\$75.00
00030685957 Women's Renewal Kensington	\$100.00	0006053 AFG at Bethel	\$15.00
00037918 Pathfinders	\$69.27	0006062 Wed 12 + 12	\$50.00
00038099 Marley Tuesday Night	\$50.00	00060657 NIH Monday AFG	\$67.00
00038145 New Life	\$30.00	00061462 Laurel Fri Night AFG	\$60.00
00041029 Crofton Tues Night	\$11.78	00061600 How AFG Works Study	\$43.38
00041392 Rockville East Step Sutdy	\$85.46	00063518 Couragae to Change ODAT Sun	\$12.34
00042081 Takoma Park Sat Mtg	\$9.74	00064317 Midtown AFG	\$87.00
00042322 Tues Night First Steps	\$17.00	00065794 Friday Noon Adult Child	\$20.00
00045964 Germantown Lunchtime AFG	\$24.00	00066431 Surrender AFG	\$62.00
00048369 Suburban Parents AFG	\$72.96	00067295 Service for Fun	\$63.00
000502097 Colors of the Rainbow	\$60.00	District 13	\$500.00
000502641 Gracefield Road AFG	\$98.25	District 23	\$83.00
000502745 Kensington Women	\$66.63	District 24	\$100.00
TOTAL	<u>\$4,765.31</u>		

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Come Join Us For Some Summer Time Fun ❖ Food ❖
Fellowship



Hosted by District 9

Games and a Raffle

Hot Dogs, Burgers, Drinks,

Grill provided

PLEASE BRING A DISH TO SHARE

Children are Welcome!!!

MERRITT POINT PARK

7710 Dunmanway, 21222

Saturday: September 1, 2018

Time: 12 noon til 6pm

Al-Anon Meeting at 4:00pm

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Pavillion #1

Directions: 695E towards Essex, Continue on 695 Toward Dundalk/Key Bridge

Take Exit #39 Dundalk/Merritt Blvd, Continue onto Merritt Blvd.

Make a left onto Dunmanway after about 19 traffic lights). Just after train tracks.

Continue into the Park

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Attention Al Anon members: want to help Alateen grow - become an
AMIAS: Al-Anon Member Involved in Alateen Service



ALATEEN is part of Al-Anon Family Groups. It is a fellowship of young people (ages 9-19) whose lives have been affected by someone else's drinking who share their experience, strength and hope.

ALATEEN MEETINGS are generally held at the same time and place where AA and Al-Anon meet. Two **AMIAS** are needed for each meeting.

AN AMIAS IS an Al-Anon member who serves as a sponsor in an **Alateen** meeting, may provide transportation for **Alateen** events, and serves as sponsor at Al-Anon/**Alateen** events, conventions and conferences where there is **Alateen** participation.

TO BECOME AN AMIAS the Maryland and DC Area (Area 24) requires that an Al-Anon member fulfill certain requirements to become certified including an application, two references, training and a background check.

FIRST STEP: Go to www.alateenmddc.com - see "How to become an Alateen sponsor" and complete items 1 through 4

NEXT: Attend training

TRAINING TO BECOME AN AMIAS

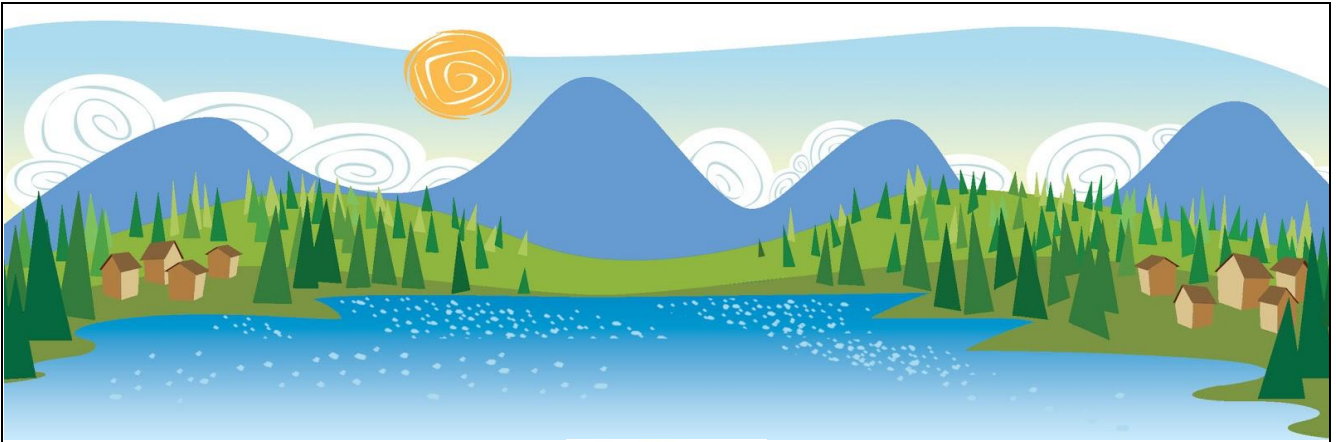
Saturday, September 8, 2018, 1:30 to 4:00 p.m.

Anne Arundel Public Library – Crofton branch

1681 Riedel Road

Crofton, MD 21114

QUESTIONS: contact the Alateen Area Coordinator, Barb M. at alateenarea24ac@gmail.com or 443-379-4430 and leave a message.



**2019 DISTRICT 13 SPIRITUALITY WEEKEND
KICK-OFF PLANNING MEETING**

JOIN US IN SERVICE!

WHEN: 7:00PM WEDNESDAY, SEPTEMBER 12TH

WHERE: MONTGOMERY HILLS BAPTIST CHURCH

**9727 GEORGIA AVE.- ROOM 203
SILVER SPRING, MD 20910**

**THE 2019 SPIRITUALITY WEEKEND DATE HAS NOT YET BEEN DETERMINED
IT IS TENTATIVELY PLANNED FOR MARCH 2019**

A SPECIAL THANKS to all who made the 2018 Spirituality Weekend a huge success!

Kristin O. is serving as chair of the 2019 Spirituality Weekend and may be contacted with any questions at kovolunteer@gmail.com



AREA 24 AWSC FALL MEETING SEPTEMBER 15, 2018

Location: Ascension Evangelical Lutheran Church, 7601 York Road, Towson, MD 21204

Registration: Begins @ 9:30 AM, MEETING: 10:00 AM to 3:00 PM

District 7 Host: Coffee, tea, and snacks. Lunch will be provided. A list of local restaurants for other dining options will be available

Who Should Attend? All District Reps (DRs), Area 24 Steering Committee, and Coordinators

Who Is Invited? All Al-Anon Members

Directions:

From DC: Take I-95 North to I-695 West toward Towson. Take Exit 26A - Rt. 45, York Road South, follow signs for York Road. See detailed directions below.

From Eastern Shore: Take Rt. 50 West to I-97 North. Take Exit 17A for I-695 West. Proceed to Exit 26A - Rt. 45, York Road South, follow signs for York Road. See detailed directions below.

From Bel Air, MD: Take I-95 South to I-695 toward Towson. Take Exit 27A - Rt. 146, Dulaney Valley Road South, to Towson circle, then right on York Road South. Drive 1 Mile. Parking lot for the church is on the right (west side of York) across from the church.

From Frederick: Take I-70 East to I-695 toward Towson. Take Exit 26A - Rt. 45, York Road South, follow signs for York Road. See detailed directions below.

Detail for York Road to the Church: Drive ½ Mile on York Road to 2nd light, turn right on Bosley/Towson Bypass. Proceed 1 Mile and take a right on York Road. Drive south on York for ½ Mile. Parking lot for the church is on the right (west side of York) across from the church.

Area 24 Al-Anon Fall Assembly

Saturday, October 20th 10AM-3PM
Registration begins at 9:30AM

Liberty Grove United Methodist Church
15225 Old Columbia Pike
Burtonsville, MD 20866



Area 24 and District 13 invites all District Reps, Group Reps, Area Officers and Area Coordinators, as well as interested Al-Anon Family Group members to attend the semi-annual business meeting.

Light breakfast and snacks provided. Suggestion to bring a bag lunch, or there are many restaurant options nearby. Free Parking.

FROM:

I-95 S. follow to exit [33 B MD-198](#) W./ Burtonsville, keep right at fork to continue onto MD-198 W, continue past Rt. 29. At the second light make a left onto Old Columbia Pike, church will be on the left.

I-95 N. follow to exit [33 B MD-198](#) W./ Burtonsville, keep left to merge onto MD-198 W, continue past Rt. 29. At the second light make a left onto Old Columbia Pike, church will be on the left.

Rt 29 go to MD-198 W. towards Burtonsville, proceed to second light, make a left onto Old Columbia Pike, church will be on the left.

Contacts:

Jeffrey J.: gr8ful4recovery12@gmail.com, or Suzy M.: (301) 252-2619

REMOVING THE MASK



**AL-ANON FAMILY GROUPS
DISTRICT 5
19TH ANNUAL FALL WORKSHOP
Saturday, October 27, 2018
8:30 a.m. to 2:30 p.m.**

**Christ Our King Presbyterian Church
10 Lexington Road, Bel Air, MD 21014**

(Nearest Cross Street is Rt. 924 at Lexington (Across from Ring Factory Elementary School))

Please register by sending an email to District5FallWorkshop@gmail.com

Pre-registration cost is \$5.00

Registration at the door cost is \$10.00

**Please bring a breakfast item to share. Lunch and beverages will be provided.
There will be door prizes and raffle prizes.**

Check-in and registration begins at 8:30. The first workshop sessions will begin at 9:30. The titles are Into-Me-See, Using Our Spiritual Eyes, What is Bothering You Today, and From Denial to Reality. The second workshop will be one session in which the whole group will participate; the title is "Working the Steps in 15 Minutes". This workshop was offered at the International Convention and was very popular. At the workshop you will be asked to work the steps on a particular problem or situation you are wrestling with. As always, lunch and a speaker will follow the second workshop.



Al-Anon / Alateen Information Service of
Washington, DC and Suburban Maryland, Inc. (AIS-DCSMD)

SAVE THE DATE

**AL-ANON FALL
LUNCHEON FOR 2018
SATURDAY, OCTOBER 27, 2018**

11:30 am to 3:00 pm

***"3 A's Awareness, Acceptance Action:
Building Blocks of Al-Anon"***

DoubleTree Hotel by Hilton

Largo, Maryland/Washington, DC.

9100 Basil Court Largo, Maryland 20774

**(Additional information will follow on ticket prices, how and where to
purchase tickets and whom to contact for additional information.)**

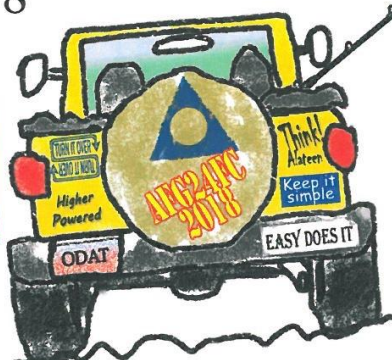


28th Annual AFG of MD & DC Area 24 Fall Convention

With Alateen and AA Participation

November 2-4, 2018

**ADVENTURES
IN RECOVERY**



Delta Hotels Baltimore Hunt Valley

245 Shawan Road
Hunt Valley, MD 21031

<https://tinyurl.com/AFG24FC18Hotel>

Note: Hotel reservation
and convention registration
are separate

Hotel Reservations

- Mention "AFG" to get discounted rate and support the convention
- Room Rate is \$122 per night + tax
- Make Reservations at Marriott Central 1-888-236-2427
- Cut off date for discount hotel rate is Oct 30, 2018

For more info and register online...

<http://tinyurl.com/AFG24FC>

Questions? Call 443-574-7668 or email afg24fallconv@yahoo.com

Convention registration

\$105 - Early Bird (online or postmarked by 09/22)

\$120 - Regular (online or postmarked by 10/27)

\$140 - On-site registration

Note: No mail in registration after 10/27

Registration includes...

- All convention activities
- Friday dinner
- Saturday lunch and dinner

Important:

To facilitate effective
planning, advanced registration
is preferred.

Do you know a teen affected by someone else's drinking?

The Fall convention will have Alateen participation...

- 1/2 price with parent or guardian registration
- Alateen is for ages 9-19



Area 24 Fall Convention Website
<http://tinyurl.com/AFG24FC>



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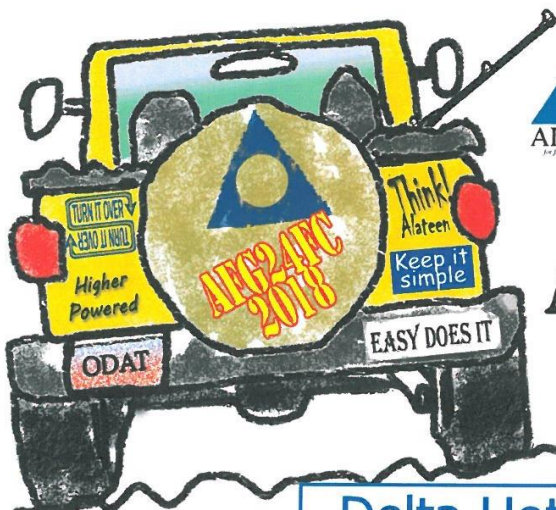
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Convention registration

\$105 - Early Bird (online or postmarked by 09/22)
\$120 - Regular (online or postmarked by 10/27)
\$140 - On-site registration
Note: No mail in registration after 10/27

Register online or by mail



Register online...
<http://tinyurl.com/AFG24FC>

Registration includes...

- All convention activities
- Friday dinner
- Saturday lunch and dinner

Do you know a teen affected by someone else's drinking?

The Fall convention will have Alateen participation...

- 1/2 price with parent or guardian registration
- Alateen is for ages 9-19

Amount enclosed:

\$ _____

AFG Fall Convention 2018 Registration Form (one per person)

Make checks payable to "AFG Fall Convention"

Send to: AFG Fall Convention, 3116 Parkway, Cheverly, MD 20785

Name _____ Email address _____

Address _____ Phone _____

City _____ State _____ Zip _____

Emergency Contact Name _____ Al-Anon _____ AA _____ Alateen _____ Alateen Age _____

Emergency Contact Number _____ Additional permission forms are required for Alateen under 18 years of age. Forms available online, <http://tinyurl.com/AFG24FC>

Can you give us an hour of your time at the Convention?

Yes, I would like to help!!



For more info and register online...

<http://tinyurl.com/AFG24FC>

Questions? Call 443-574-7668 or email afg24fallconv@yahoo.com

FALL WORKSHOP TITLES

Leading a workshop is a wonderful service opportunity!

Indicate your first, second and third choice below.

_____, _____, _____

1 Deep Sea Fishing: Are your attitudes worth catching? (Dealing with anger)	17 Higher Powered GPS: Step 3
2 Running for Gold: Gratitude	18 Avoiding Tire Blowouts: Asking for help in recovery
3 Surfing the Waves: Sponsorship	19 Pick Your Own Excursions: Freedom to make choices
4 Hitting the Bullseye: Slogans	20 Climbing the Mountain: Steps 8 & 9
5 Lost In the Wilderness: Breaking through denial	21 Is Your Engine Running Down? Good program maintenance-Steps 10, 11,12
6 Parachuting to a Safe Landing: Step 5	22 Motion Sickness: We are as Sick as Our Secrets! Adult Children of Alcoholics
7 Hot Air Balloon: Rising above (Detach With Love)	23 Headlights on? Self-awareness- Steps 6 & 7
8 Road Trip: States of mind (Hungry, Angry, Lonely, Tired)	24 What's in Your Backpack? Step 4 Inventory
9 Is Your Luggage Too Heavy?: Let Go and Let God	25 Happy Campers: Getting Happy, Joyous and Free through service
10 What Are You Packing? Dealing with resentments	26 Every Journey Needs a Guide: Step 2
11 Am I Prepared for this Adventure? Why conference approved literature	27 Staying Out of Quicksand: Setting Boundaries
12 Planes, Trains and Automobiles: Three As (Awareness, Acceptance, Action)	28 Swinging Vine to Vine: Working the Steps, Traditions and Concepts
13 Bungee Jumping: Courage to Change	29 See the Forest for the Trees: Changing our attitudes
14 Zip Lining Into the Unknown: Faith in Higher Power	30 Enjoy the Ride: Easy Does It (Being gentle with ourselves in Al-Anon)
15 When In Rome: Newcomers/Sponsorship/Stepwork	31 Travel Partners: Intimacy and relationships
16 Running With the Bulls and Getting Trampled Without Al-Anon: Step 1	32 Travel Insurance: Tradition 12 (Anonymity)



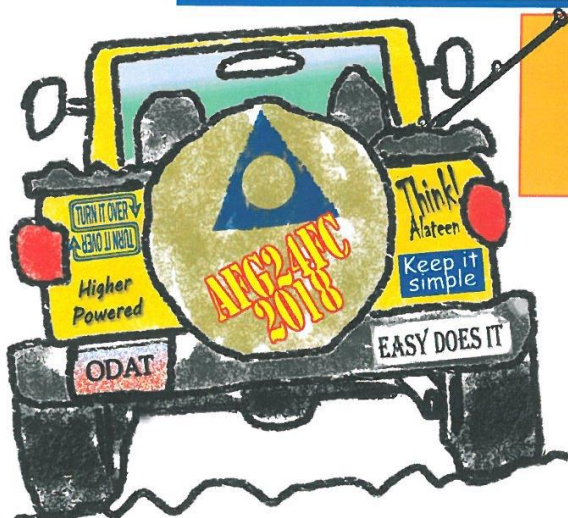
28th Annual AFG of MD & DC
Area 24 Fall Convention

November 2-4, 2018

Alateen Members



**Have you considered attending the
AFG Fall Convention this year?**



ADVENTURES IN RECOVERY

Delta Hotels Baltimore Hunt Valley

245 Shawan Road
Hunt Valley, MD 21031
1-888-236-2427

Cut off date for discount hotel rate is
Oct 31, 2018

<https://tinyurl.com/AFG24FC18Hotel>

**Do you know a teen affected by someone
else's drinking?**

**Listen to Alateen members share
their powerful stories of recovery**

**Spend time with other
Alateens from our area**



For more info and register online...

<http://tinyurl.com/AFG24FC>

Questions? Call 443-574-7668 or email afg24fallconv@yahoo.com

The Fall Convention will have Alateen participation...

- Alateen registrants half-price with parent or guardian registration
- Alateen is for ages 9-19

FREE WORKSHOP !!!

Bridge Over Troubled Waters



District 22 AFG Fall Workshop
November 10, 2018
9:00 a.m. - 3:00 p.m.

Northeast Community Center
4075 Gordon Stinnett Ave.
Chesapeake Beach, MD 20732

- Al-Anon and AA Speakers
 - Breakout Meetings
 - Fun & Fellowship
- Breakfast and Lunch are provided
 - Donations welcome
 - 50/50 raffle



Al-Anon Registration/Group Records Change Form (GR-1)

Please send this form through your Area Process or the WSO

1. Group Record

WSO I.D. Number

District Number

Area Name (Abbreviation)

2. Status

- ☐ New
☐ Change
☐ Inactive
☐ Not Sure If Registered

3. Changes (Check all that apply)

- ☐ Group Name
☐ Current Mailing Address (CMA)
☐ Mtg Place
☐ Mtg Day ☐ Mtg Time
☐ GR ☐ Contact

4. Group/Registration Overview

Group Name Mailing Language

Reflects Al-Anon principles and is inviting to all. See Instructions to fill out the GR-1 Form. Please note that group names not in compliance with the Al-Anon policy will delay processing of the registration. Contact your Area Group Records Coordinator or the WSO for further information.

Location: Meeting Place

Meeting Address

City State/Province Zip Location: Meeting Place

Group e-mail

Contact First Name Phone Number

Contact First Name Phone Number

5. Meeting Details

Day Time ☐ AM ☐ PM

Type: ☐ Open ☐ Closed

Spoken Language Member Count

- ☐ Beginners* ☐ Introductory** ☐ Limited Access***
☐ Handicap Access ☐ Babysitting ☐ Fragrance Free
☐ Smoking Permitted ☐ Sign Language

Location Instructions

Additional Meeting

Day Time ☐ AM ☐ PM

Type: ☐ Open ☐ Closed

Spoken Language Member Count

- ☐ Beginners* ☐ Introductory** ☐ Limited Access***
☐ Handicap Access ☐ Babysitting ☐ Fragrance Free
☐ Smoking Permitted ☐ Sign Language

Location Instructions

* Held in conjunction with a regular Al-Anon group meeting; not considered an Al-Anon group. Provide newcomers a simple introduction to Al-Anon.

** Attendance changes frequently; not considered an Al-Anon group. Attendees are invited to go to regular Al-Anon meetings.

*** Meeting access is limited due to the facility's entry restrictions. These groups meet at sites such as military bases, institutions, industrial plants, or schools.

6. Current Mailing Address (WSO mail for the group is sent to the CMA postal and e-mail addresses)

First Name Last Name

Street/PO Box

City State/Province Zip/Postal Code Country

Phone Number E-mail

CMA e-mail address is entered here. Please enter Group e-mail address in section #4 (See instructions for more information)

7. For Area Use

☐ Group Rep ☐ Other

First Name Last Name

Street/PO Box

City State/Province Zip/Postal Code Country

Phone Number E-mail

The WSO will register any group designating itself as an Al-Anon Family Group with the understanding that it will abide by the Traditions and that meeting will be open to any Al-Anon members. Al-Anon/Alateen Service Manual (P-24/27), "Digest of Al-Anon and Alateen Policies"

Submitted by: Date: Phone: E-mail:

Al-Anon Family Groups Headquarters, Inc. 1600 Corporate Landing Parkway, Virginia Beach, VA 23454.
(757) 563-1600 fax: (757) 563-1656 e-mail: wso@al-anon.org Member's Web site www.al-anon.org/members

11/14